

STATE BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH

Minutes of February 12, 2008
Utah Department of Human Services
Salt Lake City, Utah

Attended:

Board Members:

Dr. Michael Crookston, Chair
Lou Callister
Dr. James Ashworth

Nora B Stephens
Joleen Meredith
Darryl Wagner

Staff:

Mark Payne
Ron Stromberg
Brent Kelsey
Dallas Earnshaw
Jan Fryer

Guests:

Lisa-Michele Church
Angela Smart
Jan Ferre
Sherrie Wittwer

Excused:

Paula Bell

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome and Introductions	Dr. Crookston opened the meeting and welcomed those in attendance. He gave a special welcome to Lisa-Michele Church and turned the time over to her for comments. Lisa-Michele provided background information on the privatization of the Utah State Hospital and reported that another bill to privatize has been opened by Senator Killpack; however, does not contain any language at this point. Lisa-Michele reviewed her concerns with privatizing the State Hospital, particularly, when the Legislative Audit of the Hospital that was recently released resulted in positive findings with the programming and quality of care provided. She reported that she sent a letter to Senator Bramble, Senator Killpack and Representative Lockhart summarizing her concerns in proceeding with privatization and requesting that they reconsider moving forward with the bill. She mentioned that the Legislative Audit did recommend that the Division study the feasibility of providing a long-term care facility for the State of Utah. There was discussion and time allowed for questions and answers.	Board members agreed to e-mail legislators to express their concerns regarding privatizing the Hospital and to begin discussions over the next year about the feasibility of a long-term care facility in Utah.
Approval of January 8, 2008 Meeting Minutes	Nora B made a grammatical correction to the January meeting minutes.	Nora B moved to approve the minutes of the January 8, 2008 Board meeting as corrected. Motion seconded by Darryl and approved unanimously.
Utah Behavioral Healthcare Network Report (UBHN)	Angela reported that UBHN is working to support the State Hospital with privatization issues, and efforts are being made to advise county peers and other groups within the Utah Association of Counties (UAC) about the impact of privatization. Angela noted that at the recent UAC legislative meeting, a motion was passed opposing, in concept, privatization of the Hospital. She reported that the language in the motion indicates that privatizing would have an impact on the ability of the counties do provide treatment for individuals and to reintegrate them back into the community and it would also impact patient care. Angela mentioned that as a former legislative auditor that the Hospital staff should be very proud of the positive outcomes reported in the Legislative Audit. UBHN is carefully tracking legislative activity to insure that they are aware of anything that may have an impact on the mental health and substance abuse centers and their patients. She expressed appreciation to the Division for their coordination and cooperation with legislative issues. The Executive Director and the Administrative Support positions for UBHN have been announced and will be open until the end of February.	FYI.

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Utah State Hospital	<p>Dallas updated the Board on the State Building Board's prioritization of the Hospital's building replacement and consolidation project. He reported that it has moved from the number four priority as reported at last month's Board meeting to number six. It is hopeful that at very least, design money for the project will be approved. Mark noted that regardless of what happens with the privatization issues, the need for the new facility remains and continued efforts to get the design money approved are critical.</p> <p>Dallas reported that employees at the Hospital are uneasy and anxious given the current issues that exist at the Hospital; however every effort is being made to keep them on task and to continue operating. Dallas indicated that two physicians are planning to retire this year, recruitment for doctors is occurring, and the nursing shortage continues. Dallas reported that following the Legislative Audit, the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) came to the Hospital to perform their audit, which is done unannounced. Dallas indicated that the visit was positive and the Hospital received full JCAHO accreditation. He indicated that the audit resulted in some minor findings that the Hospital will work on, and a Plan of Correction will be submitted to JACHO within 45 days as required.</p>	FYI.
Utah State Hospital Legislative Audit	<p>Dallas Earnshaw provided information on the Performance Audit of the Utah State Hospital and a copy of the report was provided to the Board. Dallas reported that the audit involved two parts, 1) the types and quality of care provided and, 2) the need for additional bed space. He indicated that Joel A. Dvoskin, Ph.D., a national expert, was brought in to review the quality of care portion of the audit. His report was also provided to the Board and the report concluded that overall, the care at the State Hospital was found to be as good, and in many ways, significantly better than most state hospitals that he has observed. His report also reflected a positive impression with the dedication, skill, and innovative spirit of the staff and leadership at the State Hospital. Dallas reported that Dr. Dvoskins's report offered some excellent recommendations which the Hospital will focus on and begin working towards implementing. Dallas briefly reviewed the highlights of the report and encouraged the Board to read the full report as their time permits.</p> <p>Dallas reported on the findings of the legislative audit relative to the need for additional bed space. He indicated that the Hospital appears to have sufficient adult beds, while the Forensic Unit operates at full capacity and has a waiting list. The report reflected that the children's unit is sometimes occupied near capacity, while the adolescent unit is often occupied well below capacity. Dallas reported that with the Hospital's proposal to construct a new building to house all pediatric beds, the audit indicates that the policy question of treating children at the State Hospital needs to be finalized and the operational question of adolescent bed numbers needs to be addressed.</p>	FYI.
Update on 2008 Legislature	Mark Payne referred to handout provided to the Board listing the Department's building block requests in order of priority. He reviewed the Division's building block requests with the Board. An update was provided on legislation being tracked that impacts substance abuse and mental health.	A final report on the outcome of the legislative session will be provided at the next board meeting.
Division's Annual Report	A copy of the Division's Annual Report for 2007 was provided to the Board. Mark briefly reviewed the report and highlighted some of the areas of the report for the Board. The Board was encouraged to read the report as their time permits. The report is also available on the Division's website at www.dsamh.utah.gov .	FYI.

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Update on System of Care Grant & Long Range Plan for Children and Youth	Ron Stromberg provided a handout to the Board outlining the current efforts and projects being accomplished by the division to support, strengthen and build children and youth services throughout state. He noted that this is an information item based on the discussion and request at last month's meeting to receive additional information on children and youth services. He reported that his staff was unable to attend this meeting due to a site review, however, will attend in the next month or so and present additional information on the children's plan as well as the adult plan.	FYI.
Reports to the Legislature	<p>Ron Stromberg referred to the report provided to the Board which was submitted to the Legislature, as required, outlining how the \$2.7 million allocated last year for the uninsured/underinsured clients was utilized. He indicated that the funding was distributed through an RFP (Request for Proposal) process. Ron reported that the mental health centers have accomplished some very innovative programs with the money and encouraged the Board to review the legislative report for details of how the money was utilized for each mental health center.</p> <p>Brent updated the Board on the report provided to the Board on the Treatment for Women and Children, submitted to the legislature as required. He reported that funding was allocated by the Division in two ways. First, \$827,442 was allocated to create two new residential facilities where women and their dependent children could live together while in treatment; and secondly, \$1,641,392 was allocated to the local authorities to develop a full continuum of services ranging from long-term residential to standard outpatient treatment. Funding for the residential programs was awarded to Weber Human Services and Southwest Center through a competitive bid process, and programs in both areas are now operational and clients are being admitted. Board members were encouraged to read the full report for further details.</p>	FYI.
Funding Formula Update	Brent Kelsey reported that he has submitted a formal request to the Center for Substance Abuse Treatment (CSAT) asking for technical assistance to review and possibly revise the substance abuse funding formula. It also requests that a consultant be identified to assist in developing options that hopefully will be completed by June 30, 2008 for the State Board to review and consider. Brent reviewed the problems with the incidence and prevalence data that is used with the existing substance abuse funding formula. He indicated that the Division has time on the agenda for the UBHN/UAC retreat the end of March to discuss these issues. Relative to the mental health funding formula, Ron Stromberg reported on the efforts of a research group that is surveying various populations in order to get a better understanding of the numbers and what is occurring with the mentally ill population in the state. He indicated that once this information is obtained, the mental health funding formula may then need to be revisited. The existing mental health funding formula is based on current population figures and a rural differential and does not include incidence and prevalence data.	FYI.
Generations 2008 Conference and March Board Meeting.	The Board discussed the time and location for the March 6 th Board meeting that will be held in conjunction with the 2008 Generations Conference. Nora B indicated that she could not attend on March 6 th due to previous engagements and other possible dates were discussed. However, it was determined that the majority of the Board could meet on March 6 th .	It was agreed that the meeting will be held on March 6 th , 4:00 pm at the Hilton Salt Lake City Center. Nora B will be excused from the meeting.
Other Business	Joleen reported that she recently attended a meeting in St. George on the Crisis Intervention Team (CIT) in law enforcement and the mental health consumer. She indicated that a lieutenant gave a presentation at the meeting about the epidemic of the devastating eruptions of recent shootings that have occurred and the kinds of crisis interventions that can be done. Joleen reported that she asked	

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Other Business (continued)	<p>the lieutenant how crisis prevention could occur to avert these kinds of incidents from taking place. She reported that the lieutenant responded that it would take the dedicated action and awareness of the entire community in order to try and prevent these types of incidents. Joleen also noted that there appears to be a repercussion with mental health and substance abuse when these incidents occur, and that often times, anger and revenge appear to be the motive. Joleen asked if the local centers in the state are addressing these issues and advertising and alerting the community about their responsibilities. Ron Stromberg responded that there are a lot of issues involved and that if individuals cannot access services for whatever reason, i.e., they do not have Medicaid or because our mental health centers only serve the most severely mentally ill, that this is part of the problem. He referred to the \$2.7 million allocated during last year's legislative session that was made available to the local centers to establish facilities that would allow anyone to receive help regardless of whether or not they have Medicaid. Ron also reported that six of the 11 mental health centers have a CIT in place that is funded by the Division. Mark responded that education is a part of the local mental health center's area plan and they are responsible for getting the message out to the community regarding their CIT. Joleen expressed interest in having a Salt Lake City CIT Team present to the Board at a future meeting and provide an opportunity to discuss ways to prevent these incidents rather than intervene.</p> <p>Nora B emphasized that the prevention efforts in the state should not be overlooked. She reported that the SICA Grant specifically identified risk and protective factors in families that could be developed in order to prevent this kind of anger and activity and that this has occurred in every community in the state</p>	<p>It was agreed that it would be useful to invite a Crisis Intervention Team to present to the Board at a future meeting and provide an opportunity for discussion per Joleen's concerns.</p>
Adjourn		Nora B moved that the meeting be adjourned. Motion seconded by Joleen.